

Weeks House September 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
	<u>NCDF Emergency Line</u> 617-244-4035 Press 1	<u>Shoppers Service</u> 617-796-1288 <u>Springwell</u> 617-926-4100	1 Fitness Studio 8:30-10:30am Art Group 1:00pm 7H Club Meeting 7:00pm	2 American Culture Group 10:30am-11:30am Library 2:30pm	3 Breakfast Club 8:30-11am NO EXERCISE	4 Bread Delivery 9:00am 
5	6 LABOR DAY  MANAGEMENT OFFICE CLOSED	7 Breakfast Club 8:30-11am Exercise 1-2pm	8 Fitness Studio 8:30-10:30am Art Group 1:00pm	9 Rosh Hashanah American Culture Group 10:30am-11:30am Library 2:30pm	10 Breakfast Club 8:30-11am Exercise 11-12pm	11 Bread Delivery 9:00am 
12	13 Fitness Studio 10-12pm	14 Breakfast Club 8:30-11am Exercise 1-2pm	15 NO FITNESS STUDIO Art Group 1:00pm	16 American Culture Group 10:30am-11:30am Food for Thought 12:30pm Library 2:30pm	17 Breakfast Club 8:30-11am NO EXERCISE	18 Yom Kippur NO BREAD
19	20 NO FITNESS STUDIO	21 Breakfast Club 8:30-11am NO EXERCISE	22 NO FITNESS STUDIO Art Group 1:00pm	23 American Culture Group 10:30am-11:30am Blood Pressure 1:30pm Coffee Hour 2:00pm  Library 2:30pm	24 Breakfast Club 8:30-11am Exercise 11-12pm	25 Bread Delivery 9:00am 
26	27 Fitness Studio 10-12pm	28 Breakfast Club 8:30-11am Exercise 1-2pm	29 Fitness Studio 8:30-10:30am Art Group 1:00pm 7H Club Board Meeting 7:00pm	30 American Culture Group 10:30am-11:30am Manly Hour 12:00pm Library 2:30pm	30 Marissa 617-467-6069	